Daily Activity for Kids – Day 28 – Measure Me Math Activity

During this COVID-19 pandemic, many parents are home with their children and looking for things to do. This is a daily post to give you ideas of fun things to do. It comes from activities that we implement at our daycare centre using our Four Pillars of Learning curriculum. Since we are closed during this time, we are sharing the activity for you to implement in your own home. Enjoy!

Daily Activity for Kids – Measure Me Math Activity

There are several ways to make math fun for children without them realizing they are learning. Children are always asking how tall am I? Have I grown? When will I be taller than you? Some families chart their child’s growth by putting a pencil mark on the inside of a door. Other families may measure their child’s height with a measuring tape.  We have a fun activity you can do inside your home. All you need is some fun tools to measure with. You can use blocks, Lego, spoons, rulers or a measuring tape if you have none of the above. Ensure that the items you are using are the same size.

Step 1: Pick a body part to measure. It could be a hand, foot, leg or your entire body.

Step 2: Line up your measuring tools beside the body part you are measuring.

Step 3: If you are using Lego, blocks, spoons, etc. count how many it takes to be the same length as the part of the body you are measuring. (e.g. foot - 3 lego blocks long)

Step 4: Record your results on a graph and compare your measurement to your child’s. This will show them how much more they need to grow. You can place the Lego beside each other so they have a visual of it as well. You can do this for every person in your household and compare the size of your hands, feet, arms, legs and whole body.

You can take this activity beyond measuring yourselves and you can measure anything. Have your child guess how many Lego’s the TV would be or the height of the chair. You can even measure a family pet, doll or you child’s favourite stuffed toy.

This daily kids activity incorporates many learning areas based on our [**Four Pillars of Learning curriculum**](https://www.alphasdiscoveryclub.com/curriculum/) including: STEAM (math) and language and literacy.

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