



## Kindergarten/ Senior Preschool Program Schedule

<b>Time</b>	<b>Activities</b>
7:00-8:45	Arrival/Free Choice activities/Breakfast open
8:45-9:00	Washroom routine/Clean up/Breakfast closed
9:00-9:15	<b>Four Pillars planning time/Progressive printing cards</b>
9:15-10:15	<b>Work time</b> -choice of activities: Science, Technology, Engineering, Art, Math, Language, Literacy, Nature, Fine motor, Dramatic, Music and Movement, Sensory
10:15-10:30	<b>Collaborative reflection time and showcase of work</b>
10:30-10:45	Cubby area transition to outdoor time/Washroom routine
10:45-11:45	<b>Outdoor time -Physical Activities</b>
11:45-12:00	Cubby area transition from outdoor time to inside/Washroom routine
12:00-12:30	<b>Lunch time</b>
12:30-12:45	Washroom routine
12:45-1:15	<b>Mindful Yoga and Wind down activities</b>
1:15-1:30	<b>Collaborative Lesson</b> (science, math, language, literacy, French)
1:30-2:30	Quiet Free Choice Activities (tables invitations)
2:30-2:45	Washroom Routine
2:45-3:00	<b>Snack time</b>
3:00-3:15	Washroom routine /Cubby area transition to outdoor time
3:15-4:15	<b>Outdoor time – Physical Activities</b>
4:15- 4:30	Cubby area transition from outdoor time to inside/washroom routine
4:30-5:45	<b>Work time</b> -choice of activities: Science, Technology, Engineering, Art, Math, Language, Literacy, Nature, Fine motor, Dramatic, Music and Movement, Sensory
5:45- 6:00	Tidy-up/Dismissal

\*Work time and outdoor time will be alternating to accommodate small grouping

\*In the event of inclement weather, outdoor play will be replaced with the following activities\*

\*music & movement and gross motor\*